

Holiday 2023



SKY VALLEY FOOD BANK

Fresh Press



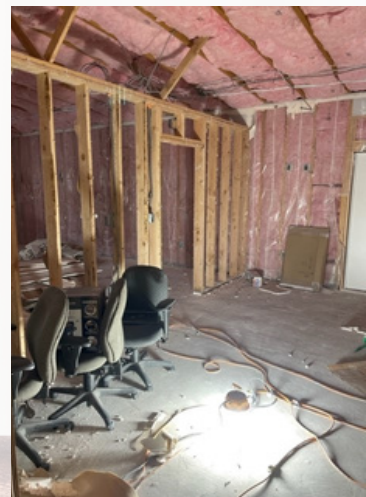
As 2023 comes to an end, I look back at a year full of change and real obstacles. But ultimately a year that will be defined more by our successes than our struggles.

The biggest challenge we faced this year was our construction project. We broke ground in October of 2022 on a project that was to last three months. Unfortunately, we had to change contractors and only recently restarted the project. It's been extremely challenging for everyone. Staff have had logistical challenges trying to provide a safe environment for volunteers and customers. Customers have had to adapt their shopping habits since we've had to distribute food through the warehouse door for months. And volunteers are consistently being asked to adapt to new schedules and new ways of getting their jobs done.

Yet through it all, we never missed a day of service. Customers have received a variety of healthy, nourishing food every week, one way or another. Through the determination of our staff, the hard work of our volunteers, and most importantly, the generosity of you, our donors, we have risen to the challenges and fed everyone who came to us for help.

The thrilling news is that our building project will be completed by mid-January! We will have a beautiful new space that will better allow us to serve our community. Our shopping area will double in size, we'll have an indoor waiting area for our customers, and we're adding a multi-purpose room. We're also excited about our rebrand (more on that later!), about adding even more shopping hours for our customers, and providing a safe and welcoming space for our community.

Matthew Campbell
Executive Director
Sky Valley Food Bank





We need your help more than ever!

We need your help to make our new market opening successful!

We want to stock our shelves with the foods our customers need most, including milk, flour, sugar, oil, produce, and a wide variety of canned products such as tuna, chili, peanut butter, fruit and vegetables. But for this campaign we are asking for financial donations. Because of the chaos of construction, we simply don't have the space to store and sort food that comes in from community food drives. Don't worry, come the new year, we'll be ready for your food drives again! With your financial donations we can get the best prices on all the food we'll need to get us through the holidays and be ready to open our market in January.



To make your financial donations, please visit:

Donate Online-Sky Valley Food Bank (svfoodbank.org)

or mail a check to **PO Box 724, Monroe WA, 98272.**

Thank you for continuing to help us fight hunger in our community!

Your support is what makes it all possible!

Thank you!

Thank you!

Holiday Giving Trees: Secret Santa

What we are most proud of these last few years is that during all the challenges we have faced, we didn't skip a beat when it came to serving our community. Holiday time is no different. This year with the construction, we will still provide Christmas gifts to our customers. Again, Central Welding will be providing stockings full of goodies. Valley Electric and Johansen Mechanical will have our Giving Trees, and Speedway Chevrolet will hold a "Stuff a Truck" toy drive between December 1st - December 15th. We are thankful for these businesses that continue to support us each and every year!





Monroe High School Homecoming Court

Since 2016 the MHS Homecoming Court has held a “coronation” process that honors senior’s impact on their peers, positive actions, and involvement in the school. Each club and sport nominate two seniors that have outstanding character and actions. The court members then participate in a two-part competition where they receive “points” from student voting, and collecting food and monetary donations for the food bank. Homecoming week, they collect food and monetary donations and the top 10 royalty are announced at their pep assembly. At halftime of the homecoming football game, the top two royalty are announced. This year, they collected over 3,432 pounds of food and \$8,656.00! We love this new tradition! Go Bearcats!



Volunteer Spotlight: Cathy Rich

Cathy is what we call a “Pandemic Hero.” Very early on in the pandemic, our food bank faced many challenges. One was how do we continue to serve our community in the safest way possible without missing a beat. Cathy stepped up to the plate, coming in each week filling hundreds of boxes with food for our drive thru distribution services. All told it’s no stretch to say Cathy packed thousands of boxes during this time!

Since then, you can find her here twice a week helping with our distribution. We can’t really say twice a week though, because if we need extra help, she is one of the first to volunteer her time-even with those last second requests.

Cathy’s favorite past times are spending time with her family; husband Nick, daughters Megan & Kaitlyn, and her furry friend Mowgli. During the winter months, she is blazing through mountain snow on her snowmobile. And in summer, on her boat cutting through the Puget Sound.

She cares deeply for her food insecure community members, often holding food drives through her boating group. We are so lucky to have Cathy on our team. A true Hunger Hero! Thank you Cathy!





Won't you help us bring Hope for the Holidays?

You can donate online at www.svfoodbank.org, or mail a check to the address below.

Thank you for caring and sharing with your hungry neighbors!

Your donation could provide food bags for:

- \$65 - Turkeys for 5 families!
- \$105 - All holiday food for 5 families!
- \$322 - Feed a family for December!
- \$Other _____

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Make checks payable to Sky Valley Food Bank and mail to:
P.O. Box 724
Monroe WA 98272

Sky Valley Food Bank
233 Sky River Parkway
P.O. Box 724
Monroe, WA 98272

PLEASE
PLACE
STAMP
HERE

Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5

Phone:
360-794-7959

Email:
endhunger@svfoodbank.org

Website:
www.svfoodbank.org

