On March 16th, 2019, my little family of four (two kids, two adults, oh yeah, and our 4 dogs) sold and gave away everything we owned. We only kept the important things like clothes. We did this because my dad was diagnosed with 2 types of cancer. We planned on moving from Oklahoma to Monroe, Washington, to help him fight for his life. We knew he would be too sick to work. We took some of the money we had saved, and did a blind purchase on a motorhome, trusting that everything the seller was saying was true. We were making sure we had a roof over our head, because we know how hard it is to find housing these days.

On March 19th, we arrived in Monroe to a motorhome that was nothing like what we were told or shown. It leaked, so we had to make repairs. It was too old to put in a RV park like we had planned, and we were in a bind as our money ran out. The place we had our RV parked wanted us gone by the first of the month. We couldn’t even afford to buy food. I immediately remembered Sky Valley Food Bank.

When I was a kid, I volunteered there. They were always so kind and generous. I went the first thing Monday morning. It had grown quite a bit! I had very little paperwork to fill out, and I was able to get my family enough food to eat for the week. Everyone was still so sweet and welcoming! There were more food choices than before, accommodating to different diets, fresh fruits and vegetables, and even dairy products. Months following, I still rely on the Sky Valley Food Bank. We no longer live in the motorhome, and now have a house, but keeping up with the rent and utilities makes it difficult to buy enough groceries to feed my growing boys.

We are so grateful and appreciate what Sky Valley Food Bank has done for our family, helping us while we help ourselves. May GOD bless all those who donate and volunteer their time and their hearts!! Thank you!! P.S. My dad is in remission!
Because of YOU...in 2019

Because of You
13,455 families were helped.

Because of You
47,110 customers received food.
20,523 were Children
&
8,452 were Seniors

Because of You
1,124,007,000 pounds of food was distributed.

Because of You
Love was given and received in 2019!

2020 CHALLENGE—How can YOU Bring The Love?

Carla Stewart and Eric DeBelly have a challenge for you! They wanted to start off the New Year and New Decade with their own Big, Hairy, Audacious Goal (known as a BHAG in business-speak), so they are attempting to run 20 marathons in 2020. A marathon is 26.2 miles long, so they are donating $26.20 to the Food Bank for every race they do—a dollar per mile! What’s your BHAG? And is there a way you can use it to spread love and kindness this year? Let us know, because we’d love to feature you in our next newsletter!

DID YOU KNOW?

Did you know that Sky Valley Food Bank is expanding? We will begin an addition/remodel project this year! We launched our shopping model nearly a year ago, and it is so popular, we need to expand to make enough room for our customers to shop freely. We will also be adding a waiting room so that our customers don’t have to stand outside in the cold weather. Stay tuned while this project gets underway.
HOLIDAY ROUND UP:

VALLEY ELECTRIC

In 2007, Valley Electric adopted 36 children here in the Sky Valley, making sure those children woke up on Christmas morning with a toy. That number grows and grows each year. In 2019, they adopted 272! There were bikes, Barbie Dreamhouses, play kitchens, and doll houses! All because they love making a small difference in a child’s life. Not only do the Valley Electric employees participate, but 18 of their vendors also join the fun. They collected a whopping $12,000 between them to buy toys from the children’s wish lists. This group of Secret Santas are incredible!

CENTRAL WELDING SUPPLY

Each year, Central Welding Supply provides stockings filled with toys and candy, a tradition that was started by the late Diane Wilton over 14 years ago. Each stocking is filled with the child’s age and gender in mind. And each year, they get cuter and cuter! It is a favorite addition to our toy distribution, not only for the grateful families receiving them, but also for the volunteers handing them out. We wish you could see the smiles on the children’s faces when they receive them. We would like to thank Central Welding Supply for continuing their holiday partnership!

SKY VALLEY FOOD BANK GIVING TREES

In 2018, Speedway Chevrolet and Galaxy Theatre kindly provided space for our Giving Trees. In 2019, not only did these two supportive businesses let us do it again, but two others joined in the fun, Coastal Community Bank Monroe Branch and Monroe Pizza & Pints. Thanks to these four generous businesses, over 100 children were adopted through our Giving Trees. The feedback we get not only from the businesses but also from the community is that they enjoy visiting these trees, adopting a child, and shopping for them as a family. One donor mentioned that it is a great time to talk with her children about the season, and how important it is for them to give to those less fortunate than themselves. This was the second year they donated, and will now be a standing tradition. Thank you Speedway, Galaxy, Coastal Bank, and Monroe Pizza & Pints!
YES, I want to END Hunger!

Enclosed is a tax-deductible donation of:

___ $50  
___ $100  
___ $250  
___ Other________

Make checks payable to Sky Valley Food Bank and mail to:
PO Box 724, Monroe WA 98272

Donation is from:

Name:___________________________________
Address:_________________________________
City:____________________________________
State:__________ Zip:_______________________
Phone:___________________________________
Email:___________________________________

Sky Valley Food Bank
233 Sky River Parkway
P.O. Box 724
Monroe, WA 98272

Phone:
360-794-7959

Email:
endhunger@svfoodbank.org

Website:
www(svfoodbank.org